

Treatment 1

Parts Of The Heart

In order to better comprehend the following instruction, it will be helpful to visualize a cross sectional view of a human heart in a position such that you are facing a person. Therefore, the right side of the person's heart is to your visual left as shown in the right diagram. Likewise, the left side of the person's heart would be illustrated on the right side on the diagram. The heart is a hollow, bluntly conical, muscular organ. Its pumping action provides the force that circulates the blood through the body. In the average adult, the heart is about five inches long and about two and one half inches thick. A man's heart weighs about 11 ozs. A woman's heart weighs about 9 ozs.



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