

## Social Posts Concept Lesson

1. Click file, New.
2. Click Web, Preset Details: Instagram Post; Width: 1080; Height: 1080; Resolution: 72; Color Mode: RBG Color, 8 Bit; Background contents: White; Color profile: sRGB.
3. Change workspace to: Photography.
4. Create a new layer in the layers menu.
5. Rename the layer to box.
6. Click the rectangular marquee tool.
7. Draw a box in the canva.
8. Click the three dots in the toolbox menu.
9. Select the paint bucket tool.
10. Select a shade of red in the Set Foreground Color.
11. Click the three dots in the toolbox menu (or the pain bucket tool).
12. Click the canvas.
13. Click command + D.
14. Add a new layer and call it inside box.
15. Click the rectangular marquee tool.
16. Draw a smaller square inside of the red square.
17. Select a shade of white in the Set Foreground Color.
18. Click the three dots in the toolbox menu (or the pain bucket tool).
19. Click the canvas.
20. Click Command + D.
21. Click The Horizontal Type Tool.
22. Choose typeface Georgia, regular, 40 PT, Black Color.
23. Draw a Box, and type a quote in it.
24. Click the move tool.
25. Click File, Save As, Give it a name, e.g., almeida\_post1.
26. Save as a PSD and JPG file.
27. That's It!